Use a timer!

Tips on how to play the best tug games ever and a how to make sure you are playing for the right length of time for your puppy.

Tug is a wonderful way to play together, burn some puppy energy and use as a break or reinforcement when you're teaching other things.

Start by setting a timer for 3 minutes. Follow the tips below to play safe for puppy and you. If the puppy is still into the game after 3 minutes extend your play time. Track your play time below.

Be a great team mate

- Play with a toy that your puppy loves. (hint, it should be long at least 3 feet.)
- Play on a surface that allows traction (i.e. not slippery.)
- · Play low.
- Act as an anchor versus shaking your pup's head, sliding them around, or lifting them.
- · Put the toy away when you're done playing.

What you do with the toy makes it fun

- Bang the toy on the ground.
- · Gently push into the pup.
- · Make fun grrrr sounds.
- Squeak the toy.

Notes:	
Favorite tug toys	
List the games, and training situations where tug is a more potent reward than food!	_



	1st game	2nd game	3rd game	bonus round
Monday	how long did you play?			
Tuesday	how long did you play?			
Wednesday	how long did you play?			
Thursday	how long did you play?			
Friday	how long did you play?			
Saturday	how long did you play?			
Sunday	how long did you play?			

